



## *Truly You Holistic Health Clinic*

### *What's Hot, What's Not, and What's Next*

#### What is Heilkunst Anyway?

Heilkunst (the art of making whole) is a system of medicine based on natural law that treats the patient and their conditions or “dis”-eases through the law of similars in order to annihilate disease and restore balance and health to the patient. The sequential timeline is utilized in order to remove the blockages to health. Blockages are what are referred to as events or traumas, anything physical (including inherited conditions), mental, emotional, or spiritual that is impeding health. By removing the blockages, we get to the underlying “cause” of the condition or “dis”-ease, thereby eradicating the disease resulting in the cure of “dis”-ease and subsequent healing.

The cure of disease involves the use of a medicinal agent called a remedy (or an artificial disease) according to the law of similars and the nature of the causative disease agent. Heilkunst can also include the use of the law of opposites, which involves the healing function of the sustentive power of the body in the form of diet, nutrition, lifestyle, psychotherapy, drainage and detoxification. In Heilkunst there is a clear distinction between the act of "curing" (destruction of the disease itself), and the act of healing (restoration of balance), and they are regulated by two distinct aspects of the body, the generative and the sustentive power. The generative power provides the body with the capacity for regeneration and new life at all levels - body, mind, soul and spirit. This is where the disease is lodges in the body. The sustentive power maintains homeostasis in the body and is responsible for the symptoms associated with disease. Unfortunately the symptoms are often termed as the disease by our society i.e. influenza, arthritis etc... The symptoms are the body's reaction to the disease; it is the body's way of trying to oust the invading disease agent (the disease wesen), by trying to get rid of these symptoms (anti-depressants, anti-inflammatories, anti-pyretics etc...), we are suppressing the body's natural ability to heal itself. Therefore, the generative

**Welcome to the new client newsletter that will be distributed each month, for clients, supporters, and those interested in their own health. It is my hope to use this newsletter to share new theories, facts, and medical studies with you, to inspire you and give you the heads up on what is happening with health both in our community and around the world.**

#### **Truly You Holistic Health Clinic**

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By Appointment Only

Heilkunst  
Homeopathy  
Live Blood Analysis  
Nutritional Counselling  
Healing Prayer

Family Rates available

power is what is addressed in order to bring about cure, and the sustentive power is used to heal and restore balance in the body. The remedies act on the generative power to annihilate the disease, and then we use regimen, diet, nutrition, drainage and other modalities to help the body restore itself through the sustentive power. Heilkunst is not a band-aid approach to medicine. It does take time to work through the issues to get at the underlying cause, but the effort is well worth the time. Heilkunst is safe and effective. It can be used alongside of other medical treatments as it does not interfere with prescriptions or treatments. It encompasses all medical and health issues, it is complete care for body, mind, and soul.

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## The Flu Season



It's coming....and so are the dreaded flu shots. The medical system has engineered a flu vaccine to try and prevent flu outbreaks. The only problem is that the vaccine makes more people sick than the flu! According to the National Center for Health Statistics, report of Final Mortality Statistics 1979-2001, the cause of death being influenza, where influenza is identified as the cause of death, the range of deaths per year due to the flu range from 257- 3006 with the greatest majority being in persons over the age of 75, and more specifically over 85 years of age. This is far from the 30, 000 to 36, 000 deaths per year that is quoted in the ads for the flu vaccine.

And according to the same source, deaths with a cause of pneumonia have averaged 60, 000 per year for the same time frame.

The homeopathic flu remedy is an oral dose of the energetic form of the flu virus; it contains no active flu virus, no additives, preservatives, mercury, therosol embalming fluid, antifreeze etc... ( ingredients of regular vaccines). It triggers the body's natural defence mechanisms which in turn manufactures anti-bodies to combat the actual flu virus. Because the dose is oral, the "homeoprophylactic" (homeopathic vaccine) is processed as if it were contracted naturally through the mucous membranes of the body (we do not as a general rule receive viruses through injection, and the body takes much longer to respond to invading virus and bacteria this way, and the response is generally not as effective.).

Healthy people do not contract the flu.

Proactive prevention is the best treatment.

Eating right, getting plenty of rest, and staying emotionally balanced is key to preventing the flu. Using high quality cod liver oil, vitamin C, eating your greens and seeking regular treatment from a Heilkunstler will ensure that you will not be at risk for the flu.

This clinic will be participating in the Free Homeopathic Flu Clinic this year. It is open to everyone who feels that they could benefit from flu protection. You do not have to be a patient of this clinic, although you will have to fill out an information form. Each patient will receive one homeopathic flu vaccine October through end of November, and then will receive a follow up call in January to assess whether another dose is needed, this is rarely the case.

The free flu clinic has been in operation for 8 years across Canada, and has a success rate of 99%, versus a success rate of 3-14% as recorded in 2003- 2004

(<http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5301a3.htm#tab2>) for the conventional influenza vaccine. Call the clinic for more info.

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# TRULY YOU HOLISTIC HEALTH CLINIC

Heilkunst, Homeopathy, Live Blood Analysis,  
Nutrition Counseling, and Healing Prayer.

Explore, Experience, and Heal the person  
that God intended you to be.



**Heilkunst: The medical art of making one whole, through full remediation of body, mind, and soul.**

**Heilkunst:** treats the patient through the sequential timeline to remove blockages (mental/emotional/physical/spiritual) and inherited disease conditions that are underlying obstructions and causes to true and complete health of body, mind, and soul.

**Dynamic Live Blood Analysis:** is a preventative and diagnostic tool that identifies current and/or future health issues through ascertaining various levels of stress within the body as precursors to imbalance, allowing the patient to be proactive rather than reactive with their state of health.

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**Peace, Hope, Love,  
and Joy**

**Until October 15th Only  
Come in for an initial Heilkunst  
appointment get a free\*\***

**Live Blood Analysis**

\*\*Appointments must be booked before  
October 15th, and completed by October 31st. This offer is  
valid for the same patient for both visits. One free Live Blood  
Analysis per patient. No cash value.  
Value of Blood Analysis \$110.00

